

# 1 Free Lesson

— SEE REVERSE FOR FREE CLASS TIMES —



**academie** **DUVELLO**

CENTRE FOR SWORDPLAY

LearnSwordplay.com 604-568-9907



**ACADEMIE DUELLO**  
412 W. HASTINGS

## *Mastery Program Introduction*

MONDAY-THURSDAY	7:00 PM
TUESDAYS & THURSDAYS	5:00 PM
MONDAYS & FRIDAYS	12:00 PM
SATURDAYS	11:30 AM

Academie Duello's core program is a rank-based system focused on the technical skills needed for the mastery of historical swordplay. Learn combat skills required for the Rapier, Sidesword and Longsword as well as basic grappling techniques.

## *Warrior Program Introduction*

MONDAYS & WEDNESDAYS	6:30 PM
WEDNESDAYS	12:00 PM
SATURDAYS	10:00 AM

Instruction in the Knightly Arts of Longsword, Spear and Wrestling for those looking for a solid workout. A fun and challenging 90 minutes of strength and endurance training.

## *Youth Swordplay*

MONDAY-THURSDAY	6:00 PM
SATURDAYS	11:00 AM

Tailored to the needs of those ages 8-14, students are encouraged to achieve and will come away with an improved sense of poise and confidence as well as a high degree of athleticism.

*Visit our Historical Museum and Arms & Armour Store, open Monday-Saturday.*

Academie Duello is North America's premier Centre for European Swordplay, specializing in the Rapier, Longsword and Sidesword. Come for a free class at any of the above times. Beginner's courses start the first week of each month.



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